



Trempealeau County 4-H Newsletter

December 2015 CLOVER disPATCH

December, 2015

Season's Greetings!

I hope this holiday season finds you warm and well. As the year draws to a close and we pull out the mittens and snow pants from storage we can take some time to reflect upon our accomplishments and memories from this past year. This can also be a time to begin planning for the year ahead. In this month's Clover disPatch there are a number of opportunities coming up in January and February for you to plan and prepare for to help avoid cabin fever.

Foods Revue is an excellent opportunity for you to try something new or show off your skills in the kitchen. You can do a ton of different things in Foods Revue so check it out now because registration ends January 6th.

In this newsletter you will also find information for the 2016 Festival of the Arts (formerly the Performing Arts Festival). This event will give you another opportunity to demonstrate your talent in a lot of different ways including creating a unique article of clothing, performing a favorite song, acting out a funny skit with friends, or showing off a sculpture, painting, or other unique work of art. Speaking of art, take a look at Art Lab! This program is in Upham Woods from January 29-31 and includes programs in creative writing, photography, film making, and a whole lot more!

If you are tired of the snow and cold why not give yourself something to look forward to and mark your calendar for Camp Kinnissippewa next summer! In this newsletter you can find the dates of the camp and a sign up form for youth interested in becoming camp counselors.

As usual there are a lot of other interesting opportunities and useful information inside so go ahead and give it a look!

Happy Holidays,

Adam Trunzo
4-H Youth Development Educator

(715) 538-2311 ext. 210
adam.trunzo@ces.uwex.edu



Fair Checks!

**All Fair Checks Must be cashed by
December 31, 2015 to be honored!**

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Website:

<http://trempealeau.uwex.edu/4hyd/>

Facebook: <https://www.facebook.com/TrempealeauCounty4H?ref=stream>

Please Visit: <http://trempealeau.uwex.edu/4hyd/> for up to date event info.

DECEMBER

- December 4-6 Badger Kick-Off Classic, Madison
 December 5-6 Beginning Sheep Shearing School, Arlington, WI
 December 7 Hanukkah begins
 December 15 Hanukkah ends
 December 21 Winter begins
 December 24 Office Closed—Christmas Eve
 December 25 Office Closed—Christmas Day
 December 28 Leaders Board Meeting
 December 31 New Year's Eve

2016

- January 1 Office Closed—New Year's Day
 January 6 Art Lab Registration Deadline
 January 6 Foods Revue Registration Deadline
 January 8 RSVP for Vol. Orientation/Annual Leader Training
 January 11 Volunteer Orientation/ Annual Leader Training
 January 12-14 Grass Works Grazing Conference (sheep), WI Dells
 January 15 WJHA Scholarship deadline
 January 18 Martin Luther King Jr. Day
 January 21 Volunteer Orientation/ Annual Leader Training
 January 23 Foods Revue—G-E-T School
 January 25 Leaders Board Meeting
 January 29 Festival of the Arts Registration Deadline
 January 30 WHA Annual Meeting, WI Dells
 Jan. 30-31 Art Lab
 January 30 State 4H Dairy Quiz Bowl

February

- February 4 Pork/Corn/Soy Expo, WI Dells
 February 5-6 WI Cattlemen's Association Winter Conference, WI Dells
 February 6 Indianhead Sheep Breeders Shepherd's Clinic & Trade
 February 14 Valentine's Day
 February 15 Office Closed—President's Day
 February 18 Ash Wednesday
 February 20 Festival of the Arts
 February 20 Art Beat registration deadline
 February 22 Leaders Board Meeting
 February 28 Floral Design Day

Club Minutes

Silver Creek Valley

The November meeting of the Silver Creek Valley 4-H club was called to order on November 8 at the Galesville town hall. There were fifteen members present. Pledges were led by Michael Kreger. Treasurer's report was read and there was a balance of \$1,051.14, Treasure's report was approved as read. For new business there was the club T-shirt designs and prices. Members are encouraged to bring designs to the next meeting as well. Next there was Christmas for Kids; Cole Tupper moved that we donate \$100 dollars, Michael Kreger seconded. For Old Business there was Clover College and the Ambassador's Halloween party. Next meeting will be Sunday, December 13 and will be a Christmas party, please bring a food item for the food pantry as well as a dish to share. Cole Tupper moved to adjourn the meeting, Michael Kreger seconded. Meeting was adjourned.

Lincoln Pioneers

The Lincoln Pioneers met on November 14, 2015 at Riverview Lanes, Arcadia, at 3 p.m.

Members were treated to an afternoon of bowling and pizza. We did not hold a meeting. Approximately 25 members, a few younger siblings and parents were in attendance. Members had a great time and parents were appreciative of the fun, local activity.

The club paid for 10 pizzas, everyone's bowling (up to two games) and 6 pitchers of soda and water. The evening concluded at approximately 5:30 p.m.

Respectively submitted, Kim Przybylla, General Leader



Club Minutes

Frenchville Cloverleaves

On November 8 the Frenchville cloverleaves 4H club met at the Ettrick town hall at 3:00pm. Shyanne called the meeting to order pledges were lead by Hailyn and Lylah, Shyanne did roll call based on your eye color. Hailyn discussed all the old business. Shyanne did treasurers report and discussed our new business. We discussed sponsoring a child for Christmas, Ice cream flavor ideas, foods revue, essay for 4th and 5th graders, seroogys fundraiser in January and our gift exchange for Christmas. For our project we got a letter for each of our names we painted and decorated them for a frige decoration our an ornament.

Sincerely,

Secretary Hailyn Grandt

Ettrick Eagles

President Emily called the meeting to order on November 15, 2015 at 4:00 pm at the Ettrick Town Hall the 4-H and American Pledge were led by Vice President Olivia.

The Secretary Report was read by Claire and approved

The Treasurers Report was read by Mara and approved

Old Business

We discussed the booth Ettrick Eagles will have at the Craft Show at Ettrick Elementary on Saturday November 28. Work schedule will be set up and emailed. Collected items members brought for the Trempealeau County Health Care Center.

Members in 7th grade and older went over the by laws. The 6th grade and younger youth worked on a craft to sell at the craft show.

Meeting was adjourned by Olivia and Second by Elle

Next meeting will be December 6 at 1:00 at the Game Time Park to decorate a tree.

Respectfully

Claire Corcoran Secretary

CLUBS!

Submit the minutes from your last meeting for admission in the CLOVER disPATCH, so your members can see the highlights and other clubs can see your good example!

Email to Adam Trunzo by the 20th of each month at adam.trunzo@ces.uwex.edu

Volunteer of the Year

Wendy Pyka

Nominated by: Trempealeau County 4-H Leaders' Board

Wendy Pyka is active in her daughter's 4-H club and has served on the Trempealeau County 4-H Leaders' Board. During the past year, Wendy agreed to be certified to lead the Shooting Sports Project along with Seth Spencer. She also created and implemented the Little Miss and Little Mr. Clover Contest. She worked with great energy and passion to create an enjoyable, valuable, and successful program. Little Miss and Little Mr. Clover is a year long program to promote 4-H. Wendy created a wagon to use at area parades in which the "Clovers" can ride. She has made it available for all the county 4-H clubs to borrow with interchangeable signs on the side for the club names. Her passion to help new families learn about 4-H didn't stop with Little Miss and Little Mr. Clover. Wendy also planned and taught a class at Clover College in October 2015 called "Fall into 4-H" for young 4-H members and their families to learn more about how a 4-H club runs. Throughout all the Little Miss and Little Mr. Clover adventure, Wendy made sure to work closely with the other

Wendy Pyka

Nominated by: Melanie and Nicole Robinson

Wendy created a brand new program this year for the Cloverbuds in 4-H. The Little Miss/Mister program not only opened up Melanie's eyes to 4-H, but our entire family! Wendy is passionate about 4-H and it shows in her enthusiasm for this new program. She is a very organized person who tries to get the younger 4-H youth involved. She is coordinating appearances for this year's contestants in county parades and 4-H events throughout the year. She sends emails to this group about upcoming 4-H opportunities for all ages and the Cloverbuds. Wendy is a dedicated individual who deserves this award. Trempealeau County is lucky to have her involved with our youth! Thank you.

Volunteer of the Year Award Nomination

Due to the Extension Office by September 15th, 2015

Has an adult volunteer in your club or within the County made a huge difference? Please nominate him/her for the Volunteer of the Year Award.

Name of the Person/Business being nominated: **Robin Smith-Weaver**

Nominated by: **Glasgow Hardies Creek Busy Bees**

Please tell us why this person should be named Volunteer of the Year:

The Glasgow Hardies Creek Busy Bee's would like to nominate Robin Smith-Weaver to be recognized as a 2015 Trempealeau County 4-H Volunteer of the Year.

Taking on a Drama production can be a pretty big task! Writing a Script (from scratch), Directing, Designing a Set, Piecing together Costumes, and Performing a Play-Line that last about 12 minutes with Actors and Actresses, ages Kindergarten to 1 Year Post High School, now that is an Amazing Talent!! What's even more special is that Robin has taken on this task with her Family. Together they have created and directed our Club's Dramas by placing a comical spin on Superhero's and the Childhood Classic, Robin Hood. Robin's positive and encouraging energy has helped many of our younger youth gain the courage to step out on stage and perform!

In addition to being involved in our Dramas, Robin has also helped out at many club activities, events, and shared her talents by presenting new projects to our Club.

We are so grateful to have volunteers, like Robin, that are always willing to share their many talents with our Club! Being part of a Drama and performing in front of an audience gives our 4-H Youth an opportunity to gain confidence, the freedom to be creative in developing their character, to be a part of a group, and become comfortable in front of others. Robin, we truly appreciate all that you have done for our club and the community over the years! Without our wonderful volunteers, our club wouldn't be 92 years strong today! Thank-You!!

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| Friend of 4-H Award |
|---------------------|

Darrell Przybylla/ Darrell's Taxidermy

Nominated by: Lincoln Pioneers 4-H Club

Darrell has been generous to our club by making bird houses for our spring fundraiser. Darrell supplied all materials, time and effort to make hundreds of houses. Our club decided to have all of the money be designated for Fair use. All of our members' Fair entries were able to be paid, decorations were bought, and shavings for all animal projects were paid for with this fundraiser. We actually were able to purchase enough shavings for two years! We feel that Darrell's generous efforts should be recognized!

Friend of 4-H Nomination

Who in the community has made a difference in the lives of 4-H'ers?
(This award traditionally recognizes a business that supports 4-H)

Name of the Person/Business being nominated: **Glasgow Community Club**

Nominated by: **Glasgow Hardies Creek Busy Bees**

Please tell us why this person/business should be named Friend of 4-H:

The Glasgow Hardies Creek Busy Bee's would like to nominate the Glasgow Community Club to be recognized as a 2015 Trempealeau County Friend of 4-H.

I pledge my head to Clearer Thinking, my Heart to Greater Loyalty, my Hands to Larger Service, and my Health to Better Living... for my Club, my Community, my Country, and my World. 4-H has many deep roots within the Glasgow-Hardies Creek Community. In fact, to many, 4-H still defines who they are today... great forward Thinkers, generous and Loyal to their neighbors, hard-working volunteers always willing to lend a Hand and Serve, and making choices for Better Living by remaining active and caring for the land and animals that provide food for our families.

For decades, the Glasgow (Hardies Creek) Community Club members have remained an integral part of our Busy Bee 4-H Club as Parent Volunteers, Project Leaders, and Club Leaders. They are also active and very involved within the Community by serving on the Trempealeau County Fair Board, Town Boards, various volunteer groups within our Schools, and still holding Community get-togethers, like the Corn Show and 4th of July Celebration. When called, some Glasgow (Hardies Creek) Community members even proudly served our Country! Because of their many contributions, our World is a better place!

Without all the ground-work they have laid, the many great Leaders who offered 4-H to the next generation of great 4-H Leadership, the infinite number of Volunteered hours, and the strong sense of Pride in being involved in a Community that is so Supportive, Active, and Alive... we wouldn't be 92 year strong today!! Thank You for your continued support of the Busy Bees and allowing us to hold our meetings at the Schoolhouse. Most of all, a big THANKS to all of our Glasgow (Hardies Creek) Community Club members, past and present, for creating the opportunity for us to continue sharing 4-H and guiding tomorrow's leaders!

2015-2016 Trips

CWF dates for options: June 25-July 3 week #4 July 9-17 week #6 July 16-24 week #7

Hilde Everson
Mike Reinholdt
Bridget Stankey
Cami Subra

Youth Conference - June 20 – 23, 2016

Olivia Corcoran
Hilde Everson
Jordan Hein
Alexi Hunter
Elizabeth Mack
Isabelle Mooney
Olivia Mooney
Bjorn Mortenson
Emily Osborn
Brooke Rolbiecki
Natalie Sonsalla

Cami Subra
Randy Pronschinske
Anna Anibas

Space Camp - April 21 – 25, 2016

Hunter Anderson
Sidney Dailey
Max Marley

4-H Congress - November 25 – 29, 2016

Lars Everson

Showcase Singers - June 20 – 23, 2016

Lars Everson

Leadership Washington Focus - July 11 – 15, 2016

Alexi Hunter
Brooke Rolbiecki
Anna Anibas

Western Spirit - June 20 – 30, 2016

Brianna Stankey

American Spirit

Olivia Corcoran
Elizabeth Mack

International Exchange

Dorisa Duellman

Shooting Sports Program Season

If you are interested in learning how to shoot a bow or improve upon your previous archery skills then look no further!

Our county will be having another shooting sports program for archery.

This program will begin in February 2016 and run for 6 weeks with a fun shoot program at the end

Stay tuned for more details!

November 14 Shooting Sports Duster!!!

Zoey George, Zach George, Kaci Pyka, Aleah Hunter, Sawyer Smock

We did practice shooting and we did a 3D Video shoot!

Everyone had a GREAT TIME!



Recaps and Upcoming Events

Badger Dairy Camp

Discounted Butter Braids for Sale!

The Lincoln Pioneers have a limited supply of Butter Braids available for sale! Normally \$12, they have been discounted to \$10 each or 3 for \$28. Get yours now and have a quick and delicious treat ready for the holidays! Available flavors include: Apple, Cinnamon, and Raspberry. Call Kim at (715) 530-1443. Delivery or meeting halfway away available.



An annual camp held in June and is open to youth between the ages of 12 and 18. This camp, held on the beautiful University of Wisconsin Madison campus, provides an excellent opportunity for youth to get hands on experience learning how to fit and show animals. Youth also learn about the purebred cattle industry and attend workshops including "Roaming Through the Rumen". Instructors for the camp include dairy industry leaders, graduate students, and UW professors.

Each year the camp is open to one hundred youth. This three day event is open to all dairy youth, come near or far, between the ages 12 and 18. Although the majority of our campers come from Wisconsin, we welcome out of state campers and in the past have had camper come from as far as Texas, Arizona, New Mexico, Florida, Colorado, and Washington state!

The 2016 Badger Dairy Camp will be held June 9-11.

Youth State Photo Display

Each county may enter up to three photos in the **2016 4-H and Youth State Photo Display** (*only one entry per person.*)

Deadline for entries is December 15, 2015.

The print display will be exhibited for the first time at the 2016 Wisconsin State Fair. Afterwards, Extension offices and volunteer leaders may borrow the print or electronic displays through the Cooperative Extension Media Collection to use for local photo training and for exhibiting at 4-H events.

A photo entry is a single, color or black-and-white **digital** image. Typical files are between 5M or 10M, jpeg or tifs. We will display the photos as uploaded, without corrections, but may need to adjust large images to a smaller size to fit the print layout.

Use the online 4-H Photo Submission form to upload your county's three entries in the 2016 State Photo Display by using this link:

https://script.google.com/macros/s/AKfycbyYyQQLP-e_enjbrng0OXGTgkBexfrxLV080mrpUnpYefc5ChK4/exec

To find more information about the 4-H and Youth Photo Display, and the online photo submission form, go to the SharePoint site at: <https://intranet.ces.uwex.edu/sites/4h/Pages/State-Photo-Display.aspx>

Please contact Christina Rencontre at christina.rencontre@ces.uwex.edu or Terry Boehner at terry.boehner@ces.uwex.edu if you have questions.

Recaps and Upcoming Events



We need your help to make our Residents' Christmas Special!



Trempealeau County Health Care Center

| | |
|-------------------------------------|--|
| * Hats/Headbands/Gloves | * Shampoo/Conditioner |
| * 2016 Calendars | * Body Wash |
| * Crayons, Markers, Colored Pencils | * Deodorant (2:1 Male/Female Ratio) |
| * Watches | * Toothpaste/Toothbrushes |
| * Wallets/Men's Coin Purses | * Combs/Brushes |
| * XL-3XL T-Shirts & Sweatpants | * Microwave Popcorn |
| * Throw Blankets | * Individually Wrapped Holiday Candy |
| * Decorative Pillows | * Little Debbie Snacks |
| * Socks, Diabetic Socks, Slippers | * Diabetic Candy |
| * Packer/Badger Items or Apparel | * Alarm Clocks |
| * iTunes Gift Cards | * Sketch Pads, Notebooks (not spiral), |
| * Large Metal Clip Suspenders | * Adult Crossword, Coloring, Search & Find Books |

The holidays can be a very difficult time for our residents, because either they don't have family or they're unable to be with the ones they love. We have more than 150 residents, age eighteen years and older in our care. The support from the community is needed to assure every resident receives a gift on Christmas Day.

We would appreciate receiving your donations on or before **Monday, November 30th** at our main office in Whitehall (W20298 State Road 121). We ask that you leave your gifts unwrapped so we can best determine the appropriate recipient. Donations are accepted all year long for resident birthday gifts and for special event prizes.

If time is of the essences, monetary donations are warmly welcomed too. Monetary donations should be sent to: Trempealeau County Health Care Center Attn: Lori Glaurnert
W20298 State Road 121
Whitehall, WI 54773

Thank you for your help in this request and best wishes for the upcoming holidays!

Gloria Baecker

Activity Director

TCHCC phone: 715-538-4312 ext. 2248

E-mail: gbaecker@tchcc.com

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|--------------------|
| Upcoming Trainings |
|--------------------|

Annual Leader Training 7-8:30pm Tremple Room of County Courthouse**Monday January 11th AND/OR Thursday January 21st**

At least one adult volunteer from every club must attend (required for charter process)

Work Smarter Not Harder: Developing Club Leadership

4-H club youth and adult volunteers will discover that amazing club leadership can make 4-H club meetings, activities and events go from the ordinary to extraordinary. 4-H club involvement provides the most important educational experiences that have greatest long term affect on the positive growth and development of young people.

There are 3 basic components:

- Discovering the power of youth adult partnerships
- Roles of effective club officers and officer teams
- Identifying effective club organizational leadership structures

Please RSVP if interested by January 8th to: Adam Trunzo (4-H Youth Development Educator)
Email: Adam.trunzo@ces.uwex.edu Phone: 715-538-2311 ext. 210

New Volunteer Orientation**5:30pm-7:00pm Tremple Room of County Courthouse****Monday January 11th AND/OR Thursday January 21st****Required for ALL NEW Volunteers**

This orientation is for all new parents/youth who would like to become a 4-H Volunteer. It is a requirement of the State 4-H Office and County Liability Insurance for all new volunteers.

Please RSVP if interested by January 8th to: Adam Trunzo (4-H Youth Development Educator)
Email: Adam.trunzo@ces.uwex.edu Phone: 715-538-2311 ext. 210

Art Lab



Art Lab

**A Statewide
4-H Arts Workshop
Open to Adults and Teens***

**must be Grade 9 or older*

Sponsored by

4-H Arts and Communications

January 29 at 6 pm

to January 31 at 11:30 am

4-H Camp Upham Woods

Wisconsin Dells, WI

Cost: \$80.00

Registration Deadline: Jan. 8, 2016

Take the challenge and join us for the annual Art Lab, scheduled for January 29-31 at the beautiful 4-H Camp Upham Woods in the Wisconsin Dells. Choose one of the tracks below to go “in depth” and explore the art form that interests you the most! Participants will work on individual projects and in large groups for team building and sharing. Why not get a group of youth and adults together from your county for a weekend of intense 4-H ART!



Art Lab

The mission of the Art Lab is to provide an in-depth and focused experience in your “art track” of choice. This year, due to popular request, we are extending the length of Art Lab, so that we have more time to be creative! Tracks include Back to Basics Photography, Tae Kwon Do, Altered Clocks, Intermediate Photography, Film-Making, and Creative Writing. Each participant will choose one art track for the entire weekend. Registration information and required forms can be found at

<http://fyi.uwex.edu/wi4harts/art-lab/>

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| Art Lab |
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The 2016 Art Lab Tracks

- **Photography, Back to the Basics:** Join Anne Rosenau, veteran Foto Follies instructor; take a photographic journey from composition to coaching, creativity and craft. We will start the weekend learning the basics of composition and portraiture. From there we challenge ourselves to think outside the box by doing trick photography, scavenger hunts, “night photography” and other fun project meeting activities. We will cap off the weekend by using a photograph of our choice to create a tangible item to take home.
- **Taekwondo: foot, hand, art:** Join Mary Lubner, veteran Art Lab instructor, in an exploration of Tae kwon do, which is a Korean Martial Art used for self-defense. Go in-depth to learn basic footwork, kicks and hand techniques.
- **Altered Clocks:** Join veteran Art Lab instructor, Sue Wendlandt to learn how to create a collage by upscaling/recycling an old or inexpensive wall clock into a fun functional decorative clock. This track will begin from a fine arts point of view as we learn about the creative process, which encompasses brainstorming, creation and evaluation. In addition, you will learn an art education approach to teaching collage and assemblage in your community. The end product will be a one-of-a-kind usable clock that will reflect your own creative spirit.
- **Photography (Intermediate Users):** Join veteran Foto Follies instructors Ann and Jeff Vogtschaller to learn how to use the settings on your camera to enhance and broaden the kind of photos you take, astrophotography (because who doesn’t want to take amazing photos of the night sky?), learn what photography judges are looking for and portfolio reviews.
- **Film Making:** Join veteran Art Lab instructor, Rick Snyder in a film making track where participants will learn a variety of video techniques, video camera tips and tricks and film editing to create your own film during Art Lab!
- **Creative Writing:** Join Christina Rencontre, Communication Arts Specialist, to work on your own writing project from any genre. We will review the different writing forms, writing techniques, finding your voice as a writer, revision, critique, and writing as a collaborative process. Christina has a master’s degree in writing and a background in fiction, non-fiction and science writing as well as a passion for mixing writing and art.

Friday, January 29, 2016

6:00 pm Arrival and check-in
 7:00 pm Welcome/Introductions/Orientation
 7:30 pm Ice breakers!
 8:00 pm Track Session I
 10:00 pm Snack Time and/or Circle Dance
 (your choice)
 11:00 pm Up to the Cabins
 11:30 pm Lights Out!

Saturday, January 30, 2016

7:30 am Breakfast
 8:30 am Track Session II
 Noon Lunch
 1:00 pm Track Session III
 4:00-5:00 Scavenger Hunt
 5:00-5:25 Break
 5:30-6:30 Dinner
 7:00-8:00 Panel Discussion: Building Youth,
 Adults and Communities Through Art

8:00-10:00 Track session IV

10:10 pm Snack
 10:45 pm Head to Sleeping Quarters
 11:15 pm Lights Out

Sunday, January 31, 2016

7:30 am Breakfast
 8:30 am Clean-up and Move Out of Cabins
 9:00 am Track Session V
 10:30 am Clean Up Work Spaces
 11:00 am Sharing and Reflection/Evaluation
 11:30 am Departure

Festival of the Arts

February 20th
2016
Location TBD



The Festival of the Arts (formerly Performing Arts Festival) is a great opportunity for Trempealeau County 4-H'ers to explore their artistic, communicative and dramatic skills. I would like to encourage all youth to participate.

I will do my best to fulfill your time requests. If there are siblings that are both involved in the festival, I will try to make the schedule such so that they are not performing at the same time.

I will also try to give enough time between each youth's performance. This of course becomes more challenging if youth are signed up for multiple events. If you sign-up and are unable to attend or decide not to do a particular event, please contact us at the Extension Office. Be sure to fill the form out clearly with all portions completed. **You can fax, mail or email in your registration forms. Only registration forms listed in the pages following will be accepted as entries!** If you receive a time slot that does not work for you, please make arrangements to switch time slots with someone else, be sure to contact me if you do this.

**Registration forms are due to Michelle Rose at the Extension Office by
January 29th, 2016.**

Fax: 715-538-1974

Email: MICHELLERO@tremplcounty.com

Address: 36245 Main St Box 67

Whitehall WI 54773

FESTIVAL OF THE ARTS

2016 Trempealeau County 4-H Festival of the Arts Guidelines
Saturday, February 20th
8:30am

GROUP MUSIC

Time Guidelines: The maximum performance time limit is 12 minutes. Clock starts with opening of curtain. No minimum time limit.

Description: Categories include **instrumental, vocal, dance, or novelty** (e.g., variety, lip sync). If tapes are used, only instrumental accompaniment tapes are permitted. Vocal tapes will be allowed for lip sync or dance numbers only. No *open flames*, hay, straw, cornstalks, shavings or sawdust may be used.

No directing is permitted from the audience or in front of the stage.

Directors are asked to type up their registration forms, include the following information: Club Name, Director(s) name and contact info., title of performance, approximate performance length, preferred performance time and the names of all performers and stage help. Please email, fax or send in the mail. **Registration deadline: January 29, 2016.**

SOLO and DUET MUSIC

Time Guidelines: Maximum of 3 minutes

Description: Includes vocal, instrumental, vocal/instrumental, dance and variety.

Solo And Duet Registration Form

Name _____ Club _____ Grade _____

Name _____ Club _____ Grade _____

Contact Person _____ Phone/Email _____

Type of Performance (Circle One):

Vocal Instrumental Vocal/Instrumental Dance Variety

Preferred Performance Time: 8:30 a.m.-10 a.m. 10 a.m.-NOON 12:30 p.m.-2 p.m.

Performance Title _____

Registration deadline: January 29, 2016.

FESTIVAL OF THE ARTS

GROUP MINI-DRAMA

Time Guidelines: A maximum time limit of 15 minutes, including set-up and take-down. No minimum time limit.

Description: Produced with **minimal** props (no special lighting, hay, straw, candles or open flames) and costumes, they may be performed in a classroom. Examples include skits, puppetry or creative

GROUP PLAY READING

Time Guidelines: Maximum: 12 minutes

Description: Group must consist of 3 or more participants. Readers are to make their selection "come alive" without the use of costumes and props. Hand movements and facial expressions are acceptable. Movement around the stage is not acceptable. Presented without microphones or artificial devices. Scripts are to be used.

Mini-Drama and Group Play Reading Registration Form

Name_____ Club_____ Grade_____ Character_____

Name_____ Club_____ Grade_____ Character_____

Name_____ Club_____ Grade_____ Character_____

Name_____ Club_____ Grade_____ Character_____

Name_____ Club_____ Grade_____ Character_____

Preferred Performance Time: 8:30 a.m.-10 a.m. 10 a.m.-NOON 12:30 p.m.-2 p.m.

Performance Title_____

Director(s) Name_____ Contact Info_____

Approximate Length of Performance_____ **Registration deadline: January 29, 2016.**

GROUP DRAMA

Time Guidelines: The maximum performance time limit is **30 minutes**: opening curtain to final curtain. No minimum time limit.

Description: - One Act Play, commercial or original drama. No *open flames*, hay, straw, cornstalks, shavings or sawdust are to be used.

No directing is permitted from the audience or in front of the stage.

Directors are asked to type up their registration forms. Include the following information: Club Name, Director(s) name and contact info., title of performance, approximate performance length, preferred performance time and the names of all performers and stage help. Please email, fax or send in the mail.

Registration deadline is January 29th, 2016

FESTIVAL OF THE ARTS

When registering please send whole page.

DEMONSTRATIONS, ILLUSTRATED TALKS AND ACTION CENTERS

Time Guidelines: a) 15 minute maximum for demonstrations; b) 15-30 minutes for action center

Description: May be individual or in teams

Demonstrations and Illustrated Talks: Either teach someone how or show, and tell how to do something. Consists of 4 parts - a) introduction, b) body, c) conclusion, and d) questions from audience. Visuals and charts can be used. Use maps, charts, posters, graphs, pictures, slides or models to explain what you're saying.

Action Center (informal): A show-and-tell with an emphasis on showing. Presenter(s) carry on conversation with passersby (no seated audience). People watching take part by - a) watching and listening, b) talking with demonstrator, c) trying things with senses, d) judging things, e) asking questions. Handouts may be used (instructions, directions, recipes); posters or pictures can be used to show key steps or to show a close-up view.

Demonstration, Illustrated Talk, Action Center Registration Form

Name _____ Club _____ Grade _____

Name _____ Club _____ Grade _____

Name _____ Club _____ Grade _____

Name _____ Club _____ Grade _____

Title of Presentation _____

Approximate Length _____

Preferred Performance Time: 8:30 a.m.-10 a.m. 10 a.m.-NOON 12:30 p.m.-2 p.m.

Please Check One:

Individual Demonstration Team Demonstration Team Action Center

Individual Action Center Individual Illustrated Talk

Team Illustrated Talk

Registration deadline: January 29, 2016.

FESTIVAL OF THE ARTS

When registering please send whole page.

COMMUNICATION ARTS

Description: The following categories must have 1 or 2 readers.

Time Guidelines: Maximum time for above categories: 5 minutes for all categories.

Memorized selection: Prose, poetry or any other piece, which must be memorized. No notes allowed.

Prose-reading: Include stories, narratives, anything not written as a poem; should be presented as a reading. No props.

Poetry-reading: May be original poem or a selection written by someone else, either in verse form or open-ended; should be presented as a reading. No props.

Original speeches: A speech written by the speaker on any subject, preferably one pertaining to his/her 4-H project work. Notes permitted.

Storytelling: Original or from a book, told as if to younger children. No poetry allowed. Presented without using notes or the book that the story is from; costumes or props are encouraged, and facial expression and gestures are allowed.

Play Reading: 1 or 2 readers are to make their selection "come alive" **without** the use of costumes and props. Hand movements and facial expressions acceptable; movement around stage unacceptable. A play reading should be presented as a reading.

Communication Arts Registration Form - May Enter One Per Category

Registration deadline: January 29, 2016.

Memorized Selection Title _____

Name(s) _____ Club _____ Grade _____

Preferred Performance Time: 8:30 a.m.-10 a.m. 10 a.m.-NOON 12:30 p.m.-2 p.m.

Prose Reading Title _____

Name(s) _____ Club _____ Grade _____

Preferred Performance Time: 8:30 a.m.-10 a.m. 10 a.m.-NOON 12:30 p.m.-2 p.m.

Poetry Reading Title _____

Name(s) _____ Club _____ Grade _____

Preferred Performance Time: 8:30 a.m.-10 a.m. 10 a.m.-NOON 12:30 p.m.-2 p.m.

Original Speech Title _____

Name(s) _____ Club _____ Grade _____

Preferred Performance Time: 8:30 a.m.-10 a.m. 10 a.m.-NOON 12:30 p.m.-2 p.m.

Storytelling Title _____

Name(s) _____ Club _____ Grade _____

Preferred Performance Time: 8:30 a.m.-10 a.m. 10 a.m.-NOON 12:30 p.m.-2 p.m.

Play Reading Title _____

Name(s) _____ Club _____ Grade _____

Preferred Performance Time: 8:30 a.m.-10 a.m. 10 a.m.-NOON 12:30 p.m.-2 p.m.

FESTIVAL OF THE ARTS

**Exhibits must be in place by
8:30 a.m.**

When registering please send whole page.

MARKETING

Entry Labeling** - All Marketing items will have a 3"x5" index card listing: **name, club, county, grade, date completed and a brief description of materials used and work done to make the art or craft.** Also describe how the marketing item is used. Writing must be legible or deduction to placing may occur. Attach cards securely ***on the front of the exhibit in such as way that it is easily read and minimizes distracting from or covering the appearance of the article.

Description - All items submitted will be displayed together. Any item is acceptable that can be used for promotion of 4-H. All entries must have at least one green clover with the four H's. Examples would include posters, placemats, tabletop design, sweatshirts, etc. that promote 4-H visually.

PHOTOGRAPHY

Entry Labeling - All photographs will have a 3"x5" index card listing: **name, club, county, grade, category, and title of photo.** Writing must be legible or deduction to placing may occur. Attach cards securely ***on the front of the exhibit in such as way*** that it is easily read and minimizes distracting from or covering the photo.

Description - All items submitted will be displayed together on display boards. Photos submitted must be 5" x 7" photos. ***Photos may be color or black & white, standard or digital, or any appropriate subject.*** Categories are limited to animals, people, and scenes. ***Photos must be mounted on top of poster board (any color) measuring 6"x8".***

ARTS & CRAFTS

Arts and Crafts are limited to a total of **6 entries/entrant**. Any article that has been made in the current 4-H Year.

Entry Labeling - All Art & Craft items must have a 3"x5" index card listing: **name, club, county, grade, date completed and a brief description of materials used and work done to make the exhibit.** Writing must be legible or deduction to placing may occur. Attach cards securely ***on the front of the exhibit in such as way*** that it is easily read and minimizes distracting from or covering the appearance of the article.

Description - No woodworking. All arts & crafts entries will be displayed together; no individual county displays.

Evaluation - Articles will be evaluated on quality of exhibit and age of participant. Evaluation criteria include: 1) originality/ creativity, 2) neatness, 3) artistic merit, and 4) appropriate.

Arts, Crafts, Marketing, Photography Registration Form

Name _____ Club _____ Grade _____

Category (circle one)

Title & Description

- Art / Craft/ Photo / Marketing _____
- Art / Craft/ Photo / Marketing _____
- Art / Craft/ Photo / Marketing _____
- Art / Craft/ Photo / Marketing _____
- Art / Craft/ Photo / Marketing _____
- Art / Craft/ Photo / Marketing _____

Registration deadline: January 29, 2016.

FESTIVAL OF THE ARTS

Clothing Revue

When registering please send whole page.

2016 Clothing Revue Registration Form

Saturday, February 20, 2016

Deadline is January 29, 2016

Find info on Class and lots on Trempealeau County Fair Book. On page 65:

http://www.trempealeaucountyfair.com/uploads/7/6/4/6/7646837/2015_fair_book_final.pdf

Name: _____

Club: _____

Class _____ Lot _____ Description _____

Class _____ Lot _____ Description _____

Class _____ Lot _____ Description _____

Fashion Show Information

Describe sewing experience:

Describe features of garment and fabrics. (Example: The blue denim shirt features patch pockets, top-stitched in a contrasting red thread. The long, cuffed sleeves may be worn rolled for a more casual effect.)

Describe where the garment will be worn. (Example: This casual top & short coordinates will be great for Mary's upcoming trip to Europe.)

Describe accessories. (Example: Mary has chosen a narrow red belt to accent the red top-stitching on her shorts & top.)

What are your hobbies/school activities?

What is your favorite thing about the Fair/or to do at the Fair?

Camp Kinnissippewa



4-H Camp Kinnissippewa Counselor Position Description

Position Period: April 10, 2016 (Training in Pepin) & June 27 - 30, 2016 (Training & Camp)

4-H Camp Kinnissippewa Counselor Responsibilities:

1. Assist in the program planning, supervision and delivery of 4-H Camp Kinnissippewa at Kiwanis Scout Camp.
 - Assist with developing, planning, coordinating, teaching and evaluating educational programs at camp.
 - Maintain a safe, clean environment for youth campers.
 - Supervise youth campers and implement appropriate risk management strategies.
 - Be concerned with the social and emotional wellbeing of each youth camper.
 - Utilize effective behavior management strategies, as appropriate.
 - Build suitable relationships with youth campers.
 - Engage campers in educational experiences and encourage young people to assist in program planning and evaluation as appropriate.
 - Promote camper and counselor participation in all activities.
 - Serve as a role model for youth campers. Exhibit appropriate personal habits, health, dress, language, table etiquette and relationships with other staff.

2. Serve as link of communication between campers and adult camp staff.

3. The 4-H Camp Kinnissippewa Counselor is responsible to 4-H Camp Kinnissippewa Directors / UW-Extension 4-H Youth Development Educators.

Required Knowledge & Skill Qualifications:

1. Must be in 9th – 13th grade at time of application and must have completed 9th grade at time of 4-H Camp Kinnissippewa.
2. Positive attitude and commitment to teamwork in collaborative environment.
3. Values life-long learning and views position as a learning experience.
4. Strong organizational and communication skills.
5. Ability to work well with adult volunteers and other youth leaders.
6. Ability to creatively and flexibly solve problems as they arise.
7. Ability to be self-directed.
8. Experience in working with children in a group setting preferred.

Benefits:

Receive unique opportunity for personal and organizational leadership development, all training materials, a camp sweatshirt, camp lanyard, camp drawstring backpack, and all meals and lodging at 4-H Camp.

Application Fee:

\$50 fee required at time of application for all 4-H Camp Kinnissippewa Counselor Staff

Application Procedure and Deadline:

Send 4-H Camp Kinnissippewa Application along with a cover letter (as directed in application) and \$50 fee by February 15, 2016 to:

Adam Trunzo
36245 Main St., Box 67
Whitehall WI 54773

**Camp Kinnissippewa will be held
from June 28-30, 2016.
Mark your calendars campers!**

Camp Kinnissippewa

2016 Camp Kinnissippewa 4-H Camp Counselor Application

All applications are due *February 15, 2016*

| PERSONAL INFORMATION: | | | |
|--|--------|----------------|--------------------------|
| Name: | | County: | Club: |
| Phone Number: () | | Email Address: | |
| Address: | | | |
| City: | | State: | Zip Code: |
| Number of Years in 4-H: | Grade: | Current Age: | Date of Birth: |
| Attach a photo to this application or email a digital one to | | | adam.trunzo@ces.uwex.edu |

| CAMP EXPERIENCES: | | | |
|---|---------|------------|---------------|
| List camps (4-H and non 4-H) which you have attended: (Please "X" camper or counselor) | | | |
| Camp | Year(s) | Camper (X) | Counselor (X) |
| | | | |
| | | | |
| | | | |
| I would prefer to be a counselor for: (Circle) Grades 3-4 Grades 5-6 Grades 7-8 | | | |
| ___ Junior Director ___ Lead Counselor ___ Outpost Counselor ___ Resource Counselor ___ Cabin Counselor | | | |

| TRAINING EXPERIENCES: |
|--|
| Have you previously attended a camp counselor training workshop? (Circle) YES NO |
| If yes, when and where: |
| List other leadership courses/workshops you have attended: |

| SAFETY CERTIFICATIONS: | | |
|--|-------|---------------|
| | Date: | Organization: |
| Standard First Aid Training | | |
| CPR Training | | |
| Lifeguard Certificate | | |
| How well do you swim? (circle one) Not at all A little Average Very Well | | |
| Are you willing to help with waterfront (swimming or canoeing) activities? YES NO | | |
| Please rate your experience with canoeing: (circle one) Never A little Average Very Well | | |

Camp Kinnissippewa

AREAS OF TEACHING INTEREST:

Check all the following that you would like to teach or provide leadership for.

- | | |
|--|--|
| <input type="checkbox"/> Arts and Crafts | <input type="checkbox"/> Archery |
| <input type="checkbox"/> Campfire Program | <input type="checkbox"/> Nature |
| <input type="checkbox"/> Drama | <input type="checkbox"/> Teamwork/Leadership |
| <input type="checkbox"/> Climbing Wall | <input type="checkbox"/> Group Games |
| <input type="checkbox"/> Waterfront/Swimming | <input type="checkbox"/> Camp Social |
| <input type="checkbox"/> Canoeing | <input type="checkbox"/> Science |

CAMP RELATED WORK, SCHOOL OR VOLUNTEER EXPERIENCES:

| | | | |
|-------------------------------------|--------------------------------|---------------------|-----|
| Organization: | (Circle) Work School Volunteer | | |
| Position: | Supervisor: | Dates Worked: From: | To: |
| Camp related skills or experiences: | | | |
| Organization: | (Circle) Work School Volunteer | | |
| Position: | Supervisor: | Dates Worked: From: | To: |
| Camp related skills or experiences: | | | |
| Organization: | (Circle) Work School Volunteer | | |
| Position: | Supervisor: | Dates Worked: From: | To: |
| Camp related skills or experiences: | | | |

REFERENCES:

| | | | |
|----------|------------|---------------|--------------|
| Name: | Phone: () | Relationship: | Years Known: |
| Address: | City: | State: | Zip: |
| Name: | Phone: () | Relationship: | Years Known: |
| Address: | City: | State: | Zip: |
| Name: | Phone: () | Relationship: | Years Known: |
| Address: | City: | State: | Zip: |

COVER LETTER & PHOTO:

Please submit with application a photo and a one page cover letter that describes the following: camp counselor leadership goals, what you plan to accomplish as a camp counselor, the unique qualifications and characteristics you can offer as a counselor and why you are interested in being a camp counselor.

SIGNATURE:

As a 4-H Camp Kinnissippewa Counselor, I agree to fulfill the responsibilities, comply with all 4-H behavior expectations and participate in mandatory counselor training and planning events:

Signature

Date

Subject: Trempealeau County Fair - Foods Revue Date Saturday,
January 23, 2016
Time 9:30 doors open for check in. 10 am start.
Location Galesville Ettrick Trempealeau High School Cafeteria

Greetings food-lovers! This packet has lots of information for you on the 2016 Foods Revue. You will have plenty of time to practice your favorite recipes and have your family do some taste-testing. Ask Mom and Dad for help, but do as much by yourself as you can. And don't forget that cleaning up is a very important part of cooking!

If there is something you don't understand, ask Mom or Dad first, and if it still doesn't make sense, please call me, and I'll give you as much help as I can over the phone.

To participate in Foods Revue you MUST complete the registration form and return it by mail, email, or fax to the Extension Office by January 6, 2016.

Email: michellero@tremplounty.com
Fax: 715-538-1974

Address: 36245 Main St. Box 67
Whitehall WI 54773

Specific judging times for Food Showmanship are NOT assigned, however judging begins with youngest and proceeds to oldest members.

For each entry Lot 15- 30 the 4Hr will need to submit a 3X5 card up to 5 1/2 X 11 1/2 sheet of paper needs to accompany every entry. The card should include: 1) 4Hr's chosen theme/inspiration for this entry, 2) what new techniques the 4Hr tried on this entry, 3) what went well &/or what the 4Hr would like to improve if redoing the entry.

Spectators (like grandparents) are welcome to attend, and we'll have chairs set up for their comfort.

Helpful Hints for Everyone

Be sure to read through everything---it will ALL help you improve your exhibits. We LIKE it when you

make it "hard" for the judge to decide which entries should get the blue ribbons! 😊

Helpful Hints for SHOWMANSHIP ENTRIES

"Showmanship" is about presentation. Winning entries will go beyond the ordinary; they will look sharp, be neat, and show imagination. Winning exhibitors will look the judge in the eye and speak clearly.

Practice preparing your recipe until you have a good product each time. Also, the judge will want to know how many times you've made this food before.

Your "showmanship" entry must include a menu card, and you MUST include recipes for the foods that you are required to make. You do NOT need to include recipes for other foods on the menu card.

Bring the dishes your food will be served on or in, plus flatware, some kind of table covering. Of course if your lot requires a centerpiece, make it "fit" with the food or the theme for your age group. You can dress to enhance your food-theme, too. (You don't have to, but you can if you want.)

Helpful Hints for SHOWMANSHIP & NUTRITION ENTRIES

Make yourself familiar with the Food Pyramid included in this packet, and that your menu is nutritious. There's a very good chance the judge will ask how your menu fits into the pyramid.

Helpful Hints for Parents

Resist the temptation to coach your child once s/he walks through the door of the exhibit hall. Coaching from the sidelines is also poor sportsmanship. Work at home so your child is comfortable setting the table and prepping the food and can answer questions about it. You can sit back and "enjoy" the Foods Revue!

Trempealeau County Fair
Foods Revue
Saturday, January 23, 2016
10:00 a.m. – 1:30 p.m. (approx)
Galesville Etrick Trempealeau High School Cafeteria
(snow date- to be announced)
Doors open at 9:30 a.m. Judging begins at 10:00 a.m.

Regulations for ALL Food Revue entries (showmanship, projects, decorating & candy)

1. All exhibits must be the result of project work for the current year.
2. All participants must be enrolled in food, nutrition, cake decorating or similarly-named projects within their youth organization.
3. Youth MUST set up and clear their own exhibits. Parents, leaders, or other adults may give advice prior to entering the exhibit hall, but once inside, youth must do ALL the work of setting up their displays.
4. Displays must remain in place until the end of the Foods Revue.
5. Any exhibit not meeting the regulations may be rejected or down-graded at least one level.
6. Recipients of Award of Excellence ribbons at the Foods Revue MUST exhibit the winning display/item WITH RIBBONS at the Trempealeau County Fair in July or make arrangements for set up and take down. Use the following schedule:
 - Wednesday night before the fair OR Thursday morning of the Fair BEFORE 9:00 a.m.
 - Showmanship and Activity/Project winners –
Showmanship winners bring everything except the food
Project winners bring entire display OR photo board
7. **Foods Revue registration forms must be turned in to the Trempealeau County Extension Office no later than January 6, 2016.**
8. To receive premiums, participants in any Food Revue class MUST fill out and return a Fair Entry Form at fair time AND use the Class and Lot numbers found in the Fair Book (the book was unavailable when Foods Revue Day registration packets were compiled).

Questions or concerns: contact Dept. Supt. Lyn Rolbiecki at 608-534-5332.

Leave a message.

CLASS A ~ FOOD SHOWMANSHIP ~ REGULATIONS

Creative presentation of food including place-setting, menu and recipe cards. Older youth have additional requirements.

Regulations for ALL showmanship entries

1. Exhibitors may bring one entry from Lots 1-6 and one entry from Lots 7-14.
2. Exhibitors must be present with exhibits for face-to-face judging. The Danish judging system will be used.
3. Recipes and menu cards should be exhibited on paper or cards of your choice to enhance your overall theme. They may be hand-written or typed. Paper may be no larger than 9x12 inches.

Regulations for Lots 1 – 6

1. Only one (1) serving of each food will be required of each requested food in each lot. Consider what a “normal” serving size would be for a particular food item.
2. Recipes must be complete (specific ingredients, procedures, servings and recipe source).
3. Place settings should be for one individual.
4. Prepare the table setting and centerpiece (if required); display the completed food with menu and recipe cards. These should be as attractive and complimentary to the theme as possible.
5. Participants must set up their own entries or be down-graded one premium level.
6. The menu chosen should contain at least one-third of the nutrients needed daily (except for Lot 1)
7. The day of the show, prepare the food at home. Hot foods can be held at room temperature a maximum of two hours OR kept hot at the show by using a slow-cooker, roaster or frying pan OR an insulated container.
8. Be prepared to answer nutritional questions concerning how your meal or snack fits into MyPlate and the US dietary guidelines for Americans.
9. Be prepared to explain reasons for planning your menu (color, texture, cost, etc.).

Regulations for Lots 3 - 6

This year's theme in Showmanship will revolve around the 4 Seasons. For each age/lot consider a food(s) that would be appropriate. Note--Include a table cover and centerpiece along with the menu and recipe cards unless it is otherwise stated.

Lot 1 Ages 5-8 "**Winter Themed Snack**"

Include the snack, recipe, and place setting for one, no centerpiece. This should be a snack the youth has enjoyed preparing several times with little or no help.

Lot 2 Ages 9-10 "**Fall Themed Appetizer**"

Include the appetizer, recipe for food, plus a menu card, place setting for one, no centerpiece, but may include a placemat.

Lot 3 Ages 11-12 "**Summer Themed Lunch**"

One main dish and a side dish prepared by exhibitor. Include a table cover and centerpiece along with menu and recipe cards.

Lot 4 Ages 13-14 "**Spring Themed Dinner**"

One main dish and one side dish and drink considered a part of that Holiday or celebration. Prepared by exhibitor. Include a table cover and centerpiece along with menu and recipe cards.

Lot 5 Ages 15-16 "**Fall Themed Meal**"

One main dish and two side dishes prepared by exhibitor. Include a table cover and centerpiece along with menu and recipe cards.

Lot 6 Ages 17-19 "**Season- Student Choice plus Challenge***"

*Challenge~ Diet specific menu=Gluten free or Diabetic friendly meal.

One main dish, two other food sides and drink prepared by the exhibitor. Include a table cover and

Class A ~ FOOD OR NUTRITION PROJECT

Regulations for Lots 7 – 14 FOOD OR NUTRITION PROJECT

1. Youth may choose ONE entry in this class (Food Project or Nutrition Project).
2. Bring the project book or a copy of the activity from the book.
3. Judging is done face-to-face, using the Danish system.
4. Exhibits will be judged on neatness, appropriateness of the display, and interaction with the judge.
5. Exhibitors should be able to clearly convey the results of completing the project (orally and visually) to spectators and judge.
6. Youth will be judged with their age-mates.
7. Spectators may participate in taste-tests or other interactive project displays.

Class A ~ Food Project Activity: Display the results of a FOOD-RELATED experiment or activity you've conducted (example: home-made vs. store-bought; sugar-free/diet vs. regular, label comparison, etc.). Taste-testing, experiments, comparisons or other interactive projects are all good choices for this activity. Results may be displayed in poster, binder, table-top or other appropriate format, presented neatly.

| | | |
|-------------|----|--------------|
| Lots | 7 | Ages 9 – 10 |
| | 8 | Ages 11-12 |
| | 9 | Ages 13 – 15 |
| | 10 | Ages 16 – 19 |

Class A ~ Nutrition Project Activity: You're a Nutritionist! No cooking! Develop and display a one-week menu with at least seven recipes for a specific type of individual (example: toddler, teen, elderly, man, etc.) with unique needs (growing, over-weight, sedentary, nursing a baby, etc.). Recipes must show variety in planning, and represent breakfast, lunch, dinner, snacks; should be neatly typed or hand-written and presented in a format that is easy to understand and use (binder, booklet, recipe card box, poster—any reasonable size, etc.).

| | | |
|-------------|----|--------------|
| Lots | 11 | Ages 9 – 10 |
| | 12 | Ages 11 – 12 |
| | 13 | Ages 13 – 15 |
| | 14 | Ages 16 – 19 |

Decorated Cookies, Cupcakes & Cakes

Regulations for Decorated Cookies, Cupcakes & Cakes:

1. Youth may enter up to **THREE** lots.
2. Include a hand-written or typed explanation of the theme you picked; you may follow a theme of your choice.
3. Lots are judged solely on their DECORATIVE appearance; cookies, cupcakes and cakes may be made from scratch or a mix. Cakes may be made from a Styrofoam form or the actual outside of the cake pan.
4. Cakes should be firmly adhered to their display board (frosting can be used like glue).
5. Cupcakes may be baked in paper liners or not.
6. Cookies and cupcakes **MUST** be displayed on a plain, white paper plate.
7. Cakes **MUST** be displayed on a covered board or tray just a bit larger than the cake itself.
8. Rolled fondant, gel, butter-cream frosting or royal icing are some of your choices for materials—your choice of which to use. Be creative and have fun!
9. The 4H'er will need to reflect & write on the following items for every Lot entry 15-30. The 3"X5" up to 5 1/2" X 11 1/2" paper should include: 1) 4Hr's chosen theme/inspiration for this entry, 2) what new techniques the 4Hr tried on this entry, 3) what went well &/or what the 4Hr would like to improve if redoing the entry. * See final page for example.
10. The number of Award of Excellence ribbons in this class are determined at the discretion of the superintendent and the judge.
11. Award winners must display at the County Fair (see above).
12. Top exhibits will face off for the Wilton Award for the Best of Show decorating award which may or may not include a choice of books or equipment.

| | | |
|------------|----|---|
| Lot | 15 | Decorated cookies (3) – Ages 7-10 |
| | 16 | Decorated cookies (3) – Ages 11-14 |
| | 17 | Decorated cookies (3) – Ages 15-19 |
| | 18 | Decorated cupcakes (3) – Ages 7-10 |
| | 19 | Decorated cupcakes (3) – Ages 11-14 |
| | 20 | Decorated cupcakes (3) – Ages 15-19 |
| | 21 | Decorated SINGLE layer cakes – Ages 7-10 |
| | 22 | Decorated SINGLE layer cakes – Ages 11-14 |
| | 23 | Decorated SINGLE layer cakes – Ages 15-19 |
| | 24 | Any other decorated item – Ages 7-10 |
| | 25 | Any other decorated item – Ages 11-14 |
| | 26 | Any other decorated item – Ages 15-19 |

Candy & Confections

Regulations for Candy & Confections:

1. All youth compete in one group in this class.
2. Youth may enter up to two items in Lots 27-30.
3. Candies and confections MUST include a recipe citing specific ingredients, procedures, cooking temp, serving size, and recipe source.
4. All exhibits must be presented on a plain, white paper plate.

| | | |
|------------|----|---|
| Lot | 27 | Fudge, cooked candy – Ages 7-19 |
| | 28 | Divinity, cooked candy – Ages 7-19 |
| | 29 | Molded candy – Ages 7-19 |
| | 30 | Any other candy or confection – Ages 7-19 |

Reflect & Write

- 1) Chosen theme/inspiration for this entry-

- 2) What new techniques the 4Hr tried on this entry-

- 3) What went well

- 4) What would you like to improve on if given the chance of redoing the entry-

Food Revue: Judging Guide Lot 1 "Food Showmanship"

Name: _____

4-H Club: _____ Grade: _____

Food Made: _____

| | Your Rating | | | Judge's Rating | | |
|--|-------------|--|--|----------------|--|--|
| | | | | | | |
| Food: | | | | | | |
| 1. Tastes Good | | | | | | |
| 2. Flavors, colors and textures are pleasing | | | | | | |
| 3. Looks Good Enough to Eat | | | | | | |
| 4. Good use of Garnish | | | | | | |
| Nutrition: | | | | | | |
| 1. I can list the food groups in my food | | | | | | |
| 2. The food I made is a nutritious food | | | | | | |
| Food Preparation: | | | | | | |
| 1. I wash hands before preparing food | | | | | | |
| 2. I can make this food by myself | | | | | | |
| 3. This food is something I will make again | | | | | | |
| Place Setting: | | | | | | |
| 1. Place setting looks nice with my food and is set Correctly | | | | | | |
| 2. Silverware were used if needed and set Correctly | | | | | | |

Comments:

1. Do you like to eat this food? Yes No (circle one)
2. How many times have you made this food? 1 2 3 4 5 Lots of times (circle one)
3. When would you serve this food? Breakfast Lunch Supper Snack (circle one)
4. One thing I learned at Foods Revue was _____

4-H FOODS REVUE Score Sheet Lots 2 – 6 “Food Showmanship”

Name _____ Club _____

Grade _____ Project Exhibiting In _____

Name of Food _____



Recorder fills in this portion:

| | Very Good | Good | Needs Improvement | Comments |
|---|-----------|------|-------------------|----------|
| I. <u>Creative Table Setting - 25%</u> • Suitable for food, menu and occasion • Suitable centerpiece • Menu and table setting show creativity • Menu and recipe cards are written appropriately • Enthusiasm for project | | | | |
| II. <u>Nutritional Value - 25%</u> • Menu follows balanced meal planning • Participant is able to answer nutritional questions related to the USDA food guidelines-MyPlate | | | | |
| III. <u>Creativity and Eye Appeal of Food - 25%</u> • Variety of color • Size and shape • Temperature • Flavor • Texture • Creative menu, recipe & garnish | | | | |

4-H FOODS REVUE

Score Sheet Lots 7 – 14 "Food or Nutrition Project/Activity"

Name _____ Club _____

Grade _____ Title of Project Book _____

Activity Presented _____

Recorder fills in this portion:

| | Very Good | Good | Needs Improvement | Comments |
|--|-----------|------|-------------------|----------|
| I. <u>Depth of Understanding</u> <ul style="list-style-type: none"> • Able to answer questions regarding project. • Able to explain some of the "Dig Deeper" activities. • Shows basic awareness of the project book. | | | | |
| II. <u>Exhibit Materials Presented</u> <ul style="list-style-type: none"> • Evidence of work completed (samples, written notes, records, project book, etc.) • Evidence of planning and recording results. • Results clearly presented. • Neatness | | | | |
| III. <u>Enthusiasm/Interest</u> <ul style="list-style-type: none"> • Shows interest in project. • Has enthusiasm or interest in how the project can be used to improve nutrition, save food dollars, or increase food preparation skills. | | | | |

RATING _____

4-H FOODS REVUE Score Sheet Candy & Confections

Name _____ Club _____

Grade _____ Category _____

Presenting _____

Recorder fills in this portion:

| | Very Good | Good | Needs Improvement | Comments |
|-----------------------------|-----------|------|-------------------|----------|
| 1. <u>Creativity</u> | | | | |
| 2. <u>Eye Appeal</u> | | | | |
| 3. <u>Neatness</u> | | | | |
| 4. <u>Appropriate Theme</u> | | | | |
| 5. <u>Other</u> | | | | |

RATING _____

Nomination for the
JAMES W. CROWLEY 4-H DAIRY LEADERSHIP AWARDS
and NATIONAL 4-H DAIRY CONFERENCE

DUE: DECEMBER 15, 2015

The James W. Crowley 4-H Dairy Leadership Award program provided recognition to youth who have excelled in their dairy project. The James W. Crowley Management and Extension Fund is the sponsor of the award. A special engraved medallion will be presented to the outstanding 4-H dairy project member in each county. County Award winners are eligible to compete for 15 state-wide awards. State winners will receive plaques plus partial scholarships to the 2016 National 4-H Dairy Conference. In addition, the top two youth in the state competition will each receive \$500.00 awards for continuing their dairy education.

SELECTION

Selection of the Leadership Award will be done by the Trempealeau County Dairy Committee.

ELIGIBILITY

1. Must be currently enrolled in the 4-H Dairy Project and have at least two previous years of membership in it.
2. Must be in 10th–12th grades as of January 1, 2016.
3. Should have an outstanding record of involvement and accomplishments in the 4-H Dairy Project.

1. NOMINATION

Name of 4-H Member: _____ Grade: _____

Address: _____

Phone (____) _____ County: _____

2. MEMBER'S SUMMARY

Please answer the following questions briefly but as completely as possible.

Years in 4-H: _____ Years with Dairy Project: _____ Breed: _____

| | <u>Grade</u> | <u>Purebred</u> |
|---|--------------|-----------------|
| Number of animals carried this year in the 4-H Dairy Project: | _____ | _____ |
| Number of animals owned this year in the 4-H Dairy Project: | _____ | _____ |
| Number of animals in the family-milking herd: | _____ | _____ |

3. **DAIRY ACTIVITIES:** Briefly list your involvement in what you consider important dairy activities during the past year (local fairs, breed shows, state fairs, demonstrations, promotional events, etc.)

4. **OTHER 4-H PROJECTS:** List other 4-H projects you have carried in addition to dairy. How have they helped to increase your interest, knowledge and understanding of the dairy project?

5. **LEADERSHIP EXPERIENCE:** Describe your 4-H leadership experiences (i.e. project, club, county, district, state)

Describe your school or community leadership experiences.



2015-2016 Essay Contest for 4th and 5th Grade Students
Presented by Wisconsin Farm Bureau's Ag in the Classroom

Tell us about producing maple syrup in Wisconsin

This year's essay contest topic is *"Tell us about producing maple syrup in Wisconsin"*. Our 2016 Book of the Year is "Sugarbush Spring" by Marsha Wilson Chall. The book and essay topic will allow us to educate students about the production of maple syrup. All rules, promotional materials, county Farm Bureau contacts, lessons and activities, and other resources related to the essay contest and book program can be found at www.wisagclassroom.org.

Contest Rules:

- The essay contest is open to 4th and 5th grade students in public schools, private schools, and home school programs. Students involved in 4-H, PALS and after school programs are also encouraged to participate.
- Essays must be handwritten in ink or be computer generated. They must be single-sided and fit on one sheet of paper.
- The essay must be between 100 to 300 words in length (using common MS Word "word count" methods for counting words, numbers and abbreviations).
- Essays will be judged on content (25 points), grammar and spelling (15 points) and neatness (10 points).
- Essays must include: student's name, grade level, parent's name, teacher's name, school name and address, school phone number, teacher's email address and county on the back of the essay. Please do not identify the student on the front side.
- **Entry deadline - Postmarked by April 1, 2016** and sent to:

County Farm Bureau Essay Contest

Coordinator:

Crystal Johnson
N44866 CTH E
Osseo, WI 54758

Phone: 715-597-2411
Email: crysheath@hotmail.com

or

Wisconsin Farm Bureau-Ag in the Classroom

P.O. Box 5550
Madison, WI 53705

Phone: 800.261.3276
Email: gkamps@wfbf.com

Contest Prizes:

- Nine district winners will be chosen. District and state winners will be announced in May 2016.
- Each district winner will receive a classroom presentation in May 2016 for their class, homeroom or home school group.
- A state winner will be chosen and will receive a special award.

The Agriculture in the Classroom essay contest is sponsored by Insight FS, We Energies and the Wisconsin Farm Bureau Foundation – Ag in the Classroom.



Return this form with essay or provide the same information on the back of each entry:

Student's name _____

Grade level _____

Parent's name _____

Teacher's name _____

School name _____

School address _____

City _____ Zip _____

Teacher's email _____

School phone number _____

County _____

Because of the broad nature of this topic, students might consider, but are not limited to, these sub-topics to write about:

- From tree to table
- How has the production of maple syrup changed over time? What new technologies have advanced the maple syrup industry?
- Family traditions – how making maple syrup can be a family affair.
- The science behind Wisconsin's sweet treat including tree identification, how sap flows, the importance of temperature in the maple syrup process and evaporation.
- Tools of the trade – what tools are needed to make maple syrup.
- Taste the difference – explain the difference between real maple syrup and imitation syrup – flavor, color, etc.
- A trip to the sugarbush – share your experience about visiting one of Wisconsin's many sugarbushes.

Looking for additional resources related to this topic? Check out:

Books

- *Sugarbush Spring* by Marsha Wilson Chall - 2016 Wisconsin Ag in the Classroom Book of the Year. The book introduces young readers to the production of maple syrup.
- *From Maple Trees to Maple Syrup* by Kristin Thonnes Keller
- *From Maple Tree to Syrup* by Melanie Mitchel
- *Maple Syrup Season* by Amy Purnell

On the Web

- Sugarbush Spring Educators guide can be found at wisagclassroom.org. Lesson plans, activities and information about making maple syrup.
- [Pinterest.com/wiagclassroom](https://www.pinterest.com/wiagclassroom/) – Look for the maple syrup board with additional books, activities and maple syrup facts.
- wismaple.org – Wisconsin Maple Syrup Producers

Poster

- Looking for a poster to help identify a sugar maple? Get them for **free** courtesy of the Wisconsin Department of Natural Resources. Email Gretchen Kamps at gkamps@wfbf.com to get your copy today!



Questions? Contact Wisconsin Ag in the Classroom at 800.261.3276, email gkamps@wfbf.com or look for us on the web at wisagclassroom.org.

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| October Leaders' Board Minutes |
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Trempealeau County 4-H Leaders' Executive Board

Monday, October 26, 2015 at 6:00pm in the Tremplo Room, Trempe. Cty. Courthouse

Adam called the meeting to order at 6:22.

Present were: JoAnn Reinholdt (vice president), Adam Trunzo (Educator), Wina Mortenson (secretary), Rosa Mooney, Lori Dailey, Brian Stankey, Jeanette Dooley, Charlotte Everson (treasurer) and Brianna Stankey (youth rep.).

Absent was: Kim Prsybylla

Rosa Mooney, Wendy Pyka, and Heather Smock formed a sub-committee to conduct the Key Award interviews.

Pledges were led by Alexi Hunter.

Trip/Awards Presentations and Funding Requests:

Youth Awards Presentations (dollar amount denotes an attached funding request). In the following list, there is the name of the award or trip, followed by a list of those that applied and gave a presentation before the board.

NATIONAL 4-H CONGRESS (age 15-19)

Lars Everson

WESTERN SPIRIT EXPERIENCE (9th to 12th grade)

Brianna Stankey

SPACE CAMP (6th to 8th grade)

Sid Dailey 1/2 of trip cost

Max Marley 1/2 of trip cost

Hunter Andersen 1/2 of trip cost

AMERICAN SPIRIT EXPERIENCE (8th to 10th grade)

Olivia Corcoran 1/2 of trip cost

Elizabeth Mack 1/2 of trip cost

LEADERSHIP WASHINGTON FOCUS (7th to 9th grade)

Brooke Rolbiecki 1/2 of trip cost

Anna Anibas 1/2 of trip cost

4-H & YOUTH CONFERENCE (7th to 10th grade)

Olivia Corcoran 1/2 of trip cost

Hilde Everson

Jordan Hein

Alexi Hunter

Elizabeth Mack 1/2 of trip cost

Olivia Mooney

Isabelle Mooney

Bjorn Mortenson 1/2 of trip cost

Emily Osborn (video presentation)

Brooke Rolbiecki 1/2 of trip cost

Natalie Sonsalla 1/2 of trip cost

Hunter Andersen

Max Marley

Anna Anibas 1/2 of trip cost

CITIZENSHIP WASHINGTON FOCUS (10th to 12th grade)

Hilde Everson

Bridget Stankey 1/2 of trip cost

Mike Reinholdt 1/2 of trip cost

| |
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| Leaders' Board Minutes |
|-------------------------------|

After all the youth who were making requests had left the room, Jeanette moved that the board approve all the requests that we heard at the meeting. Brian seconded. Motion passed. JoAnn moved to allow anyone who turns in their funding request by November 4th, could count this interview with the board towards their funding request as well, and that Adam would send an email to inform them. Wina seconded. Motion passed.

The subcommittee for Key Award presented their decision. The Leaders' Board gave the subcommittee decision-making power. Their decision stands. Results will be announced at a later date. They also recommended that Lars, Mike, and Brianna's trip requests heard in subcommittee be approved. Wina moved to approve their trip requests. Rosa seconded. Motion passed.

Secretary's Report – Rosa moved to accept the secretary's report as emailed earlier in the month. Lori seconded. Motion passed.

Treasurer's Report – Charlotte presented her report. Brian moved to accept the report. Rosa seconded. Motion passed. Charlie also pointed out that the board had earlier agreed to pay the full amount for 4-H'ers who are camp counselors, so some of the funding requests made before that new policy went into effect would need to be increased. JoAnn Moved to pay the full amount for counselors at Arts Camp which occurred on 10.2.15. Rosa 2nd. Motion passed.

Educator's Report: Adam Trunzo

- Clover College-- went well!
- Re-enrollments--proceeding well. Leaders, please remind your members to re-enroll.
- Club visits--continuing to visit clubs, visited Whitehall Happy Hustlers this month.
- Charter Paperwork--due by November 1st.

Old Business:

- Follow Up on Club Banner Design and Pricing--Charlie needs the complete list of club names in order to determine price. Adam will send an email of the club names to her. Charlie will also talk to Wendy Pyka about buying a float banner, and find measurements for the Tremp. County banner at the State Fair. (Most counties have a banner hanging at the State Fair, but some of them were destroyed by mold, including Trempealeau's.)
- Volunteer & Friend Nominations--JoAnn moves to approve the Friends of 4-H and Volunteer of the Year award nominations. Charlie seconded. Motion passed.

New Business:

- Follow up phone interview group--Charlie and JoAnn volunteered to join Adam to do phone interviews with the two young people not able to attend the board meeting. Adam will also ask Kim P. if she would like to join in.
- Foods Review--Adam will send out some dates for us (the board) to look over. If you know of conflicts with any of the dates, please inform Adam via email.
- County Performing Arts Festival and Clothing Review--Adam and the 4-H Ambassadors will work on that.
- Prior Leaders' Board minutes storage--It was concluded that there is no need to store the minutes from Leaders' Board meetings, because they are published in the Clover disPATCH. The newsletters are archived.
- Nominations and Elections for Leaders' Board--Officers were nominated and elected as follows:

President--Kim Pryzbylla (nominated by Brian, seconded by Lori, approved)

Vice President--JoAnn Reinholdt (nominated by Lori, seconded by Rosa, approved)

Secretary--Wina Mortenson (nominated by JoAnn, seconded by Charlie, approved)

Treasurer--Charlie Everson (nominated by Rosa, seconded by JoAnn, approved) There was a discussion regarding the safety of having only one signature on the checks. We will revisit this issue. Rosa volunteered to work with Charlie to learn the treasurer's duties and procedure.

Next meeting November 23rd in the Tremplo Room at 6:30pm

Adjournment--Jeanette moved to adjourn, Rosa seconded. All approved, meeting adjourned at 9:30.

Leader's Board Funding Request Process:

We are publishing the funding request information and form. With new people always coming into the 4-H program, we want everyone aware of the process to request funds for 4-H camps, trips, and educational activities. This information can also be found on the Trempealeau County website. Please read through at your convenience.

Instructions-Funding Request Form

The Trempealeau County 4-H Leaders Executive Board includes money in their budget to help defray some costs of 4-H educational trips or activities in which Trempealeau County 4-H members and leaders participate. The amount the Association is able to contribute in a given year depends on the success of fund raising efforts, the amounts spent in other budget areas, and the number of applicants and level of requests.

A "Funding Request Form" has been developed for use when an individual or group is requesting monetary support. Only 4-H Sponsored Events will be considered for reimbursement. Use of the form will provide a consistent, concise approach for obtaining information. Once the Committee engages in discussion relative to the request, the requestor may be asked to leave the meeting and will be notified by phone or mail of the Committee's decision.

The 4-H Leaders Executive Board will evaluate the request and the applicant is asked to follow the guidelines listed below. Currently, the Leaders Executive Board meets every month except December. The form should be completed and turned in to the Extension office prior to the Executive Board meeting and prior to participation in the trip or activity.

Please answer all questions completely so your request receives full attention. Individuals that receive over \$100.00 for a single event are expected to make a live presentation/action center or visual display at one or more of the following events: Performing Arts Festival, Clover College, County Fair and/or Summer Picnic. We would like individuals who receive funding for State Teams or major award trips to help encourage participation in these activities. Participants may be asked to present information about their experience following the trip or activity. The cost of events not specifically sponsored or co-sponsored by 4-H or the Trempealeau County 4-H Leaders Executive Board will not be reimbursed. A general club leader's signature is required before sending in the request form to the extension office. If you should have questions about the form or the dates of the Executive Board meetings, please call the Extension office at 715-538-2311 x210.

For reimbursement of money:

- \$30.00 and under ~ Completed "Funding Request Form" sent to the UW-Extension office 7 days prior to Executive Board Meeting and optional in person request at the monthly Leaders Executive Board Meeting.
- 30.01 and above ~ Completed "Funding Request Form" sent to the UW-Extension office 7 days prior to Executive Board Meeting and required personal appearance request at the monthly Leaders Executive Board Meeting.
- A maximum of 50% will be considered for reimbursement of expenses incurred for youth.
- Trempealeau County Certified Chaperones' expenses will be reimbursed upon completion of the form and if all other requirements have been met.
- All Reimbursement of expenses are at the discretion of the Executive Board

Trempealeau County 4-H Funding Request/Reimbursement Form

Name _____ Club _____ Years in 4-H _____
 Address _____ Zip _____ Phone _____
 Name of Trip/Activity _____ Dates of Trip/Activity (include travel) _____

Participation in this Trip/Activity: (Please check the category that best describes your selection process)

I chose to participate I applied and was selected by _____ I qualified by _____

| | | |
|------------------------------------|---------------------------------------|--------------------------------|
| <u>Activity Information</u> | <u>Amount (\$) of Activity</u> | <u>Amount Requested</u> |
|------------------------------------|---------------------------------------|--------------------------------|

| | | |
|--|-------|-------|
| Registration Fee(s) | _____ | _____ |
| Additional Activity Costs: (Transportation, Lodging, Meals, Materials, etc) | _____ | _____ |

*Please list which additional activity cost(s) you are requesting funds for and the amount separate on the line above.

**Project Leaders: If you are seeking reimbursement, Proof of Purchase must accompany this request.

Total _____

Additional Funding

Have you requested or received funding from other sources (4-H club, other clubs, service organizations, scholarships, fundraisers, etc.) for this trip/activity? If so, please list source(s) and place total amount received in the line below.

| | |
|-------------------------|---------------------------|
| <u>Source(s)</u> | <u>Amount (\$)</u> |
| _____ | _____ |

Please describe your role/involvement in this Trip/Activity. Attach an Agenda or Program if possible.

Please describe how your 4-H Club, Community and County will benefit from your participation in this trip/activity. (You may use the back of this sheet if needed)

Youth Signature: _____ **Parent Signature:** _____

Please note: If you have a special financial need that you believe the committee should be aware of, attach a sheet to describe.

Club Leader Complete: Is applicant in good club standing regarding attendance and participation?

Yes No **Club Leader Signature** _____

Wisconsin State Fair Participation Reimbursement:

The 4-H Executive Board has changed the policy to provide funding for individuals and groups that perform, work, or exhibit at the Wisconsin State Fair. Each participant will be reimbursed \$25.00 per activity they participated in. This portion is to be completed and submitted by the Club's General Leader to receive reimbursement.

Individual Participant:

Exhibitor Action Centers or Demonstrations Other
 _____ Participant x \$25.00 = _____ Total

Group Participants:

Musical Drama Other
 _____ # of participants that performed x \$25.00 = _____ Total

(Please attach a list of names of the individuals that participated)

**Trempealeau County 4-H/FFA Meat Animal Project
2016 Educational Requirement Report**

This Sheet must be successfully completed and returned to the UW-Extension Office
By July 1, 2016

| NAME | CLUB/CHAPTER | | | |
|--|--------------|-------|-------|------|
| Species (check one) | Beef | Sheep | Swine | Goat |
| What was the name of the educational workshop you attended? | | | | |
| Date & Location of workshop you attended: | | | | |
| What new skills did you develop or knowledge did you learn? | | | | |
| How will you apply these new skills or information to improve the quality of your project this year? | | | | |

Project member Signature

Educational Event Coordinator

Return by July 1, 2016 to:
UW-Extension Office